

# Spring Soup Schedule

The UC Cafes offer a variety of meat, vegetarian & hearty soups daily.  
 The rotations run Monday - Sunday as shown below.  
 (See Lu's Café for their selection)

## Week -1- Soups

The following soups will be served the weeks beginning  
 January 16, 30; February 13, 27; March 13, 27; April 10, 24; May 8

DAY	MEAT SOUP	VEGETARIAN	HEARTY/SPECIAL
Monday	Italian Wedding	Fire Roasted Vegetable <b>V DF LF GF</b>	White Mac & Cheese
Tuesday	Potato, Cheddar & Bacon <b>GF</b>	Wild Mushroom Bisque <b>V GF</b>	Turkey Chili <b>GF DF HF</b>
Wednesday	Chicken Noodle <b>DF LF</b>	Red Pepper Gouda <b>V GF</b>	Buffalo Chicken Mac & Cheese
Thursday	NE Beef Stew <b>HF</b>	Organic Coconut Lentil <b>V GF</b>	Thanksgiving Everyday
Friday	Extreme Lobster Bisque	Organic Vegetarian Chili <b>V GF DF HF</b>	Chicken, Kale & Sweet Potato <b>GF DF LF HF</b>
Saturday/ Sunday	Chef's Choice Meat	Chef's Choice Vegetarian	--

## Week -2- Soups

The following soups will be served the weeks beginning  
 January 23; February 6, 20; March 6, 20; April 3, 17; May 1, 15

DAY	MEAT SOUP	VEGETARIAN	HEARTY/SPECIAL
Monday	Uncle Teddy's Chili <b>GF HF</b>	Ancient Grain Minestrone <b>V DF</b>	Yellow Mac & Cheese
Tuesday	Shrimp & Roasted Corn Chowder	Spring Vegetable Soup <b>V GF DF LF</b>	Chicken Artichoke Florentine
Wednesday	Chicken Spaetzle (Dumpling) <b>DF</b>	3-Bean Chili <b>V GF LF HF</b>	Mac & Cheese w/Bacon
Thursday	Lasagna w/Turkey Sausage	Organic Tomato Bisque <b>V GF</b>	Broccoli & Cheddar <b>GF</b>
Friday	Extreme NE Clam Chowder <b>GF</b>	Margherita Pizza <b>V</b>	Chicken Biryani <b>GF</b>
Saturday/ Sunday	Chef's Choice Meat	Chef's Choice Vegetarian	--

*Nutrition Legend*

**V** - Vegetarian      **DF** - Dairy Free  
**GF** - Gluten Free    **LF** - Low Fat  
**HF** - High Fiber

Small 2.50; Large 3.95  
 All soups served with an artisan roll or crackers

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Get full nutritional details on the Dining Services nutrition page:  
[www.dining.uconn.edu/nutrition](http://www.dining.uconn.edu/nutrition)