

# Lu's Spring Soup Schedule

Lu's Café offers a variety of soups daily. The rotations run Monday - Sunday as shown below (weekend soups are Chef's choice).

## WEEK -1- SOUPS

January 16, 30; February 13, 27; March 13, 27; April 10, 24; May 8

**Monday:** Italian Wedding; White Mac & Cheese

**Tuesday:** Potato, Cheddar & Bacon<sup>GF</sup>; Turkey Chili<sup>HFGDF</sup>

**Wednesday:** Chicken Noodle<sup>LFDF</sup>; Buffalo Chicken Mac & Cheese

**Thursday:** New England Beef Stew<sup>HF</sup>; Thanksgiving Everyday

**Friday:** Extreme Lobster Bisque<sup>GF</sup>  
Chicken, Kale & Sweet Potato<sup>HFGFLDF</sup>

## WEEK -2- SOUPS

January 23; February 6, 20; March 6, 20; April 3, 17; May 1, 15

**Monday:** Uncle Teddy's Chili<sup>HFGF</sup>; Yellow Mac & Cheese

**Tuesday:** Shrimp & Roasted Corn Chowder; Chicken & Artichoke Florentine

**Wednesday:** Chicken Spaetzle (Dumpling)<sup>DF</sup>; Mac & Cheese w/Bacon

**Thursday:** Lasagna w/Turkey Sausage; Broccoli & Cheddar<sup>GF</sup>

**Friday:** Extreme NE Clam Chowder<sup>GF</sup>; Margherita Pizza<sup>V</sup>



### Nutrition Legend

**V** - Vegetarian      **DF** - Dairy Free  
**GF** - Gluten Free    **LF** - Low Fat  
**HF** - High Fiber

Small 2.50; Large 3.95

*All soups served with an artisan roll or crackers*



Get full nutritional details on the Dining Services nutrition page:

[www.dining.uconn.edu/nutrition](http://www.dining.uconn.edu/nutrition)